

2007 Summer Intro 10K Trail Run

Saturday, June 23, 2007, Shawnee Mission Park, KS

Kyle Amos, Race Director

A Kansas City Trail Nerds Event (www.psychowyco.com)

What a great trail race. We ended up with 102 trail runners (about 40 more racers than expected) who were ready for a little mud and humid weather. Over half of our entrants were race day which was a little crazy but a nice surprise. Because of the larger than expected turnout the Trail Nerds will be able to give a nice donation to the Earth Riders Mountain Bike Club to continue building and maintaining trails in the Kansas City area.

A big thanks needs to go to the following:

- Vasque trail running shoes for their sponsorship of the race. <http://www.vasque.com/>
- Red Bull
- Garry Gribbles Running Sports where packet pickup was held on Friday <http://www.garrygribbles.com/>
- All of the Trail Nerds that help with all that needs to get done before, during and after the race.
- A big thanks needs to go to Shawnee Mission Park for allowing the first event on the trails.
- Earth Riders Mountain Bike Club for building great trails all over the Kansas City area. If you are interested in helping on trail maintenance days, look for info at <http://www.earthriders.com/>
- Dick Ross was nice enough to come out and take race photos which are free to download at http://00673d3.netsolhost.com/photoalbum_index.htm/6-23smlake/index.htm
- Caleb and Sarah helped with marking the course on Friday night.
- Caleb and "Good Ben" Reeves manning the aid station in the middle of the trails which was not easy with a little wagon.
- Last but not least the registration and finish line volunteers that were all a little overwhelmed with larger than expected turnout.

Race results are attached.

Thanks for coming out,
- Kyle Amos

All Photos by Dick Ross, www.seekcrun.com



*2007 Shawnee Mission Lake
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Results:

Place	Time	Name	M/F	Age	Comments
1	44:25:00	Matt Riley	M	19	1st male overall
2	46:05:00	Tom Kreisser	M	37	2 nd male overall
3	47:35:00	Ankur Tarneja	M	25	3rd male overall
4	48:52:00	Greg Buehler	M	35	
5	49:55:00	Ty Stevens	M	31	
6	49:58:00	Marvin Mastin	M	41	1st male masters
7	50:08:00	Mark Wall	M	36	
8	50:14:00	Ryan Voss	M	26	
9	50:30:00	Lee Roger	M	43	2 nd masters male
10	51:11:00	Dan Kuhlman	M	53	3 rd masters male
11	51:22:00	Daniel Zehr	M	19	
12	51:38:00	Cody Jones	M	22	
13	52:11:00	Josh Pool	M	27	
14	53:00:00	Steve Riley	M	53	
15	53:16:00	Greg Burger	M	40	
16	53:27:00	Rick Mayo	M	31	
17	54:14:00	Aaron Meek	M	34	
18	54:26:00	Luke Austell	M	41	
19	54:28:00	Ryan Francis	M	24	
20	54:30:00	Richard Sigel	M	39	
21	54:39:00	Wes Brown	M	24	
22	55:45:00	Shane Jones	M	32	
23	56:05:00	Stuart Johnson	M	47	
24	56:10:00	Josh Weber	M	32	
25	56:43:00	Gibe Bevin	M	34	
26	56:55:00	Brent Walker	M	45	
27	57:07:00	John King	M	34	
28	57:50:00	Rich McNally	M	48	
29	58:06:00	April One	F	15	1st female overall
30	58:15:00	Steve Knox	M	25	
31	58:22:00	Keith Dowell	M	53	
32	58:43:00	Brian Charlton	M	24	
33	58:49:00	Rob Clower	M	47	
34	59:04:00	Gene Wee	M	50	
35	59:13:00	Geoff Clark	M	36	
36	59:33:00	Jackie Jackson	F	39	2 nd Female Overall
37	1:01:15	Gary Henry	M	50	
38	1:01:35	Robin Haberstroh	M	26	
39	1:02:16	Shawn Beeton	M	36	

40	1:02:21	Travis Spears	M	30	
41	1:02:26	David French	M	38	
42	1:02:28	Lance Calvert	M	36	
43	1:02:45	Steve Fox	M	15	????
44	1:02:46	Mark Wozny	M	25	
45	1:02:49	Steve Meyer	M	40	
46	1:02:53	Mac Bishop	M	31	
47	1:03:09	Greg Fox	M	45	????
48	1:03:10	Sally Sack	F	18	3 rd Female Overall
49	1:03:35	Stepanie Astell	F	44	1st female masters
50	1:04:20	Brent Patterson	M	35	
51	1:04:26	Emily Horn	F	30	
52	1:04:32	Eric Williams	M	25	
53	1:05:33	Dustin Yantzi	M	15	
54	1:05:39	James Megerson	M	41	
55	1:06:06	Carrie Bishop	F	30	
56	1:06:19	Greg Fox	M	45	
57	1:06:44	Fritz Menninger	M	50	
58	1:07:13	David Hoefer	M	48	
59	1:07:36	Rick Roeber	M	51	1 st Overall Barefoot Runner
60	1:07:59	Dan Scheoph	M	45	
61	1:08:00	Dan Saale	M	47	
62	1:08:19	Ricardo Mejia	M	49	
63	1:08:43	Jay Mooney	M	38	
64	1:08:56	Michael Gleeson	M	38	
65	1:09:09	Kelli Conway	F	24	
66	1:09:36	Deb Johnson	F	47	2 nd Female Masters
67	1:10:17	Bob Malkames	M	62	
68	1:10:18	Mark Stovall	M	39	
69	1:10:26	Kami Bates	F	34	
70	1:11:18	Tracey Groff	F	37	
71	1:12:31	Brad Stephenson	M	43	
72	1:13:03	Heather Wyckoff	F	35	
73	1:14:01	Michael Smith	F	28	
74	1:14:21	Christine Cowan	F	28	
75	1:14:56	Krista Stigall	F	37	
76	1:14:58	Sarah Sinning	F	23	
77	1:15:32	Edgy Sack	F	47	3 rd Female Masters
78	1:16:16	Wes Rains	M	50	
79	1:16:40	Matt Ernst	M	45	
80	1:18:04	Niki Morris	F	24	

81	1:18:26	Julie Funk	F	43	
82	1:18:27	MK Thompson	F	43	
83	1:18:37	Deanne Yates	F	46	
84	1:19:11	Trish Williams	F	42	
85	1:19:13	Dan Yates	M	50	
86	1:19:50	Joseph Loranger	M	44	
87	1:23:55	Beatty Suiter	M	34	
88	1:25:10	Constance Tieghi	F	37	
89	1:26:05	Amy Suiter	F	34	
90	1:26:06	Amy West	F	35	
91	1:26:07	Karna Pfofner	F	48	
92	1:26:37	Susan Robinette	F	62	
93	1:30:50	Stacey Amos	F	32	
94	1:30:50	Dan Suiter	M	62	
95	1:31:17	Rick Christmann	M	54	
96	1:32:50	Joseph Rooney	M	36	
97	1:34:10	Megan Jenson	F	26	
98	1:35:37	Nicole Rooney	F	34	
99	1:35:39	Nicolette Cumming	F	17	
100	1:46:27	Laura Gawecki	F	44	
101	1:48:53	Beth Hilt	F	48	